



**DEDICATED TO HIS PROFESSION**

*“My goal is to find the root of your problem, help you overcome it and get you back to doing what you like. I do this with consistent care and attention to your every movement, your every need. The result is a custom hands-on physical therapy program designed to help you - and only you - rehabilitate and recover.”*



**Never Quit,  
Never Give Up**

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**ABOUT YOUR PHYSICAL THERAPIST...**

**Andrew Knox, PT, COMT**

“The Netherlands is known for its manual therapy schools, where students learn the ultimate in hands-on therapy techniques. My international training, combined with further manual therapy education, helps me provide you with a one-on-one approach to effectively mobilize you toward quicker recovery.”

*PT: Hogeschool Enschede, Netherlands  
Pre-physical Therapy, University of Evansville, Indiana  
Associate of Science: Southwestern Illinois College, Illinois  
Certified: Manual Therapist with Pain Management Emphasis,  
Curtin University, Perth, Australia*

**PROFESSIONAL ASSOCIATES ARE THE KEY**

“Every time I meet with my colleagues, we share new ways to bring you the highest quality of care and the latest techniques available. Staying active in professional associations and teaching other therapists is a powerful way to enhance my skills and ensure that you get the most up-to-date care possible.”

*Continuing Education: North American Institute of Orthopedic Manual Therapy (NAIOMT) Levels I - IV; Certified Orthopedic Manual Therapist includes Spinal and Peripheral Manipulation; Certified SASTM TMR Practitioner; Active Release Techniques (ART) Certified in Spine & Lower Extremity; Mulligan Concept Trained; Level E Certified Soccer Coach; Trained in all Physiotechnic Modalities including Laser, Microstim and Aquatic. Formerly National Strength & Conditioning Certified*

**PAST EXPERIENCE FUELS THE FUTURE**

“My experience in working with the YMCA and other organizations impacted my view of physical therapy. I had always enjoyed exercise and helping others enjoy it as well, and when it came time to choose a fulfilling career, I couldn't think of anything I wanted to do more than be a physical therapist.”

*Teaching Assistant: North American Institute of Orthopedic Manual Therapy  
Former Director of Rehabilitation: Central Oregon District Hospital, Redmond, Oregon  
Former Program Specialist: YMCA of the Ozarks, YMCA of the Rockies  
Physical Therapist: Iron Man World Championship, Kona, Hawaii*

In addition to physical therapy, Andrew enjoys spending time with his wife and Peak Performance Physical Therapy partner, Suzanne and their three children, Teaghan, Ainslie and Skye. Andrew's hobbies include kayaking, mountain biking and skiing throughout Central Oregon. He looks forward to helping you recover and enjoy your hobbies.

**Peak Performance Physical Therapy**