

## ABOUT YOUR PHYSICAL THERAPIST...



### MY APPROACH

*"It's rare that someone enters the clinic with a "textbook" injury, which is why a flexible, individualized and ongoing evaluation is so important. This is where my background in science and research most lends itself to the profession of Physical Therapy. I like to approach each patient with a clean slate and understand how their injury interacts with or is affected by their unique physiological makeup."*



**Never Quit,  
Never Give Up**

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## Daniel Hodgson, MPT, MA

"I had several opportunities during my undergraduate and graduate education to enter a teaching role, both one on one and in a classroom setting. As a PT, education is the most important thing we can do, not only regarding recovery from a current injury, but also preventing future injuries that might send someone back to the doctor. Physical Therapy is such an exciting field to work in because it is so dynamic and committed to patient outcomes. You can't spend the amount of time with people that we do and not become invested in their recovery. I spend a good amount of time expanding my knowledge base outside of work and I love to come across something that I know will help with a particular patient. I've always had a passion for learning and in our profession there is always more to learn."

### Education:

- *Bachelor of Science in Biology, Arkansas Tech University, Russellville, AR*
- *Master of Biology, University of Missouri-Columbia, Columbia, MO*
- *Master of Physical Therapy, University of Missouri-Columbia, Columbia, MO*

### Continuing Education:

- *Shoulder, Hip and Knee: Functional Assessment and Treatment presented by the North American Sports Medicine Institute*
- *A Clinical Approach to Myofascial Release presented by Great Lakes Seminars*
- *Level II Intermediate Upper and Lower Quarter presented by the North American Institute of Manual Physical Therapy*

### TEAMWORK

"The team of clinicians at Peak Performance is exceptionally strong and everyone is not only willing, but eager to collaborate in maximizing patient care. This creates an atmosphere that is optimal for getting patients better as soon as possible."

### WORK EXPERIENCE

- *Outpatient Orthopedics and Sports Medicine, Lane Physical Therapy*
- *Outpatient Orthopedics and Work Rehabilitation, The Work Center Inc.*
- *Travel Physical Therapy (Home Health and Skilled Nursing), Reflectx Medical Staffing*

*Daniel enjoys time at home and outdoors with his wife Alison, son Moss and their black lab. He enjoys running, hiking, and biking of just about any kind and is excited to explore all the outdoor opportunities Central Oregon has to offer.*

Peak Performance Physical Therapy