



**AN INTEGRAL PART
OF YOUR TEAM**

"I treat you with respect and offer my undivided attention. Through me, you will gather the information you need to recover, rehabilitate and live a more healthful life. Motivating you to participate in your therapy allows you to excel. Together, we can face any challenge and work through it toward success."



**Getting you back to work
and play... FAST!**

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ABOUT YOUR PHYSICAL THERAPIST...

Suzanne Knox, PT, CSCS

"My diverse education allows me to better help you learn through your therapy. From manual therapy training in the Netherlands to my extensive education in biomechanics and physiology, I take everything I have learned and apply it toward your rehabilitation. Through me, you will know about your condition or injury and how each therapy will affect its outcome."

PT: Hogeschool Enschede, Netherlands
Bachelor of Science: Physiological Sciences, UCLA,
Los Angeles, California
Postgraduate Education: Hogeschool Enschede, Netherlands

DEDICATED TO HER PROFESSION

"If a person doesn't share his or her knowledge with like-minded people, their knowledge never grows. By being a member of several professional organizations, I expand my knowledge while broadening that of others. Together, we take physical therapy and all of its aspects and create new and exciting opportunities to help patients heal faster and better."

Continuing Education: PT 2001 Annual Conference & Exposition; Medical Screening for Physical Therapy Direct Access; North American Institute of Orthopedic Manual Therapy Level II, Upper and Lower Quadrant; Mulligan Mobilization with Movements Manual Therapy; Gary Gray Chain Reaction Therapy; Maitland Spinal Mobilization; ErgoScience Certification for Physical Work Performance Evaluation

THE STRENGTH OF PREVIOUS EXPERIENCE

"Every step I took in becoming a physical therapist was precise. From my experience with competitive running, rowing and cycling and my love of biological sciences, physical therapy was the natural next step for me. Independent practice has allowed me the opportunity to provide a level of quality physical therapy that I can be proud of."

Together with her husband and Peak Performance Physical Therapy partner, Andrew, Suzanne has created a center for injury-specific rehabilitation that serves to educate patients and bring them a better quality of life. Suzanne enjoys spending time with her three children, Teaghan, Ainslie and Skye. She also enjoys mountain biking, running, snowboarding and cross-country skiing throughout Central Oregon.

Peak Performance Physical Therapy