



“My studies in physical therapy and engineering have complemented each other very well. Someone once told me that the human body is the most complex machine ever designed. In that sense, I truly enjoy applying mechanical principles to the body. It is important to understand the materials and components, why those parts become injured or fail, and how they best repair.”



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and play... FAST!**

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ABOUT YOUR PHYSICAL THERAPIST...

Andrew Hayes, MS, DPT

Andy brings diverse experiences and a unique educational background to the practice of physical therapy. With post-graduate degrees in biomechanical engineering as well as physical therapy, he approaches patient care with the analytical mindset of an engineer and the knowledge and adaptability needed to provide quality, individualized healthcare. In addition to understanding movement and performance of the human body, Andy finds challenge and satisfaction in working with patients in a one-on-one setting. His personal experience with recovery from injury sparked an interest in the healthcare profession from a young age and he personally invests himself in the recovery of those he works with.

EDUCATION

- Doctorate in Physical Therapy, Northern Arizona University, Flagstaff, Arizona
- Master of Science in Biomechanics and Rehab Engineering, Arizona State University, Tempe, Arizona
- Bachelor of Science in Biomedical Engineering, University of Idaho, Moscow, Idaho

BACKGROUND EXPERIENCE

- Outpatient neurological rehabilitation: The Neuro Institute, Tempe, Arizona
- Outpatient orthopedics: Sports Medicine Specialists, Post Falls, Idaho
- Physiotherapy Associates, Peoria, Arizona
- Inpatient, acute and outpatient orthopedics: University Physicians Hospital, Tucson, Arizona
- Emergency department physical therapy, St. Joseph's Medical Center, Tucson, Arizona

TEAM APPROACH

“I have a wide variety of valuable educational and work experiences, but I find unparalleled rewards in working with people to increase their function and get back to the things they want to be doing. I aim to use my training to minimize pain and maximize function and also value your input regarding treatment. Whatever your past experience with physical therapy, I know you have goals and expectations when you come to see me. My treatment is shaped by those expectations as together we find what works for you.”

PERSONAL LOOK

Andy has a variety of personal interests, mostly involving being outside and staying active. He loves to hike, run, ski and is hoping to take up road biking and kayaking soon. When not outdoors, he likes to read a good book or watch SportsCenter. He also enjoys traveling with his wife, Becky. Andy is originally from Coeur d'Alene, Idaho, and he looks forward to new adventures in and around Central Oregon.