



"I enjoy working with people and having one on one interaction. I focus on your goals for physical therapy and use my knowledge and experience to help you achieve them. My experience in teaching helps me to take individual personalities into consideration and make treatment plans that fit each person, not a diagnosis."



**Getting you back to work
and play... FAST!**

**450 N.W. Greenwood Ave
Redmond, OR 97756**

**541-923-0410 phone
541-923-7393 fax**

**pppt@peaktherapy.net
www.peaktherapy.net**

ABOUT YOUR PHYSICAL THERAPIST...

Rebecca Hayes, DPT

Becky has a background in education and research that complements her passion for physical therapy and helping people regain function. Becky taught laboratory chemistry and completed physical activity research at the University of Arizona while receiving her bachelor's degree. She also assisted in teaching anatomy while pursuing a doctorate in physical therapy at Northern Arizona University.

EDUCATION

- Doctorate in Physical Therapy, Northern Arizona University, Flagstaff, Arizona
- Bachelor of Science in Physiological Sciences, University of Arizona, Tucson, Arizona

BACKGROUND EXPERIENCE

- Outpatient orthopedics: Mike Noonan Physical Therapy, Tucson, Arizona
- Outpatient orthopedics: Liberty Lake Physical Therapy-Therapeutic Associates, Liberty Lake, Washington
- Outpatient orthopedics: Body Central Physical Therapy, Tucson, Arizona
- Inpatient: Healthsouth Rehab Hospital of Scottsdale, Scottsdale, Arizona
- Outpatient orthopedics: St. Mary's Hospital, Tucson, Arizona
- Anatomy Lab Teaching Assistant, Dept. of Physical Therapy, Northern Arizona University
- Research Assistant, Trial of Activity for Adolescent Girls, University of Arizona
- Chemistry Teaching Assistant, University of Arizona

TEAM APPROACH

"I believe it is important for physical therapy to be both challenging and fun. In order to make gains in function and improvements in pain it is important to put in the time and invest in your optimal you. At Peak Performance Physical Therapy, I will help you achieve your goals and do that in an enjoyable environment."

"I have always been interested in outpatient orthopedics and being able to see and help people get better. This setting allows me to use my manual skills to enhance function as well as my knowledge of exercise to help give you the skills to be an active participant in your recovery."

PERSONAL BACKGROUND

Originally from Tucson, Arizona, Becky is excited to discover all that Central Oregon has to offer. She enjoys hiking, backpacking, soccer and learning to become a better skier/snowboarder. She also enjoys spending time traveling with her husband, Andy, who is also a physical therapist.