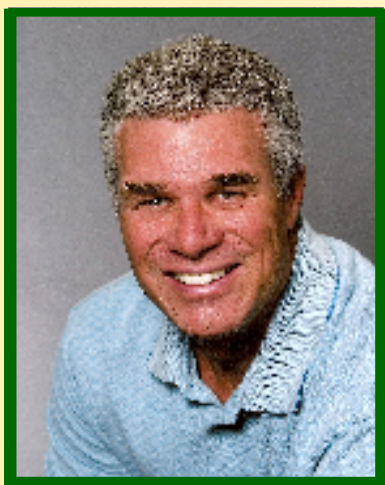


ABOUT YOUR PHYSICAL THERAPIST...

Wes Rau, PT, MTC

PROFESSIONAL DEVELOPMENT/ CONTINUING EDUCATION

- Pacific Union College Preparatory High School, Angwin, California
- Pacific Union College, Angwin, California
- Bachelor of Science in Physical Therapy, Loma Linda University, Loma Linda, California
- Manual Therapy Certification, Institute of Graduate Health Sciences, St. Augustine, Florida



"I have always said find it, fix it and get out. Don't waste a lot of time. Don't do a lot of fluff. My other philosophy is if you can't find it you can't fix it, so your palpation and anatomy skills need to be really good."

RELATED EXPERIENCE

Wes Rau began taking college courses his junior year of high school to jump start his PT career. He has been a practicing physical therapist for over 33 years. He started in pediatrics and neurological care but preferred the immediate results he was able to obtain in manual therapy, which is where he now specializes. He has studied under Freddy Kaltenborn, DO, a world renowned osteopath. He has also worked extensively with the Mulligan Concept, Mobilizations with Movement, and Functional Movement. Wes has worked in outpatient physical therapy in Redmond since 1992.

A PASSION FOR PHYSICAL THERAPY

"I love physical therapy and love working with people because I like seeing people get better." As each year passes, Wes gets more proficient at his job. He states he has never been bored or disillusioned with his career and truly enjoys coming to work every day. He likes the anatomy and the science behind physical therapy, but mostly he likes the people. "In my career, I have been able to meet a wide variety of people. As I travel to Canada, Alaska and throughout the United States to teach and participate in professional opportunities, I am always seeing people that I know through my years of experience."

PERSONAL INTERESTS

Outside of physical therapy, Wes enjoys his family and adventure. He spends time with his wife, Megan, and his two adult children, Jessica and Logan. He has been a pilot, a dog musher and has spent time sailing, mountaineering and backpacking. His current passion is two-wheeled: *"I love my Harley,"* states Wes, *"I like seeing what is over the next ridge. I like any activity that challenges me to see if I can actually physically and mentally do it".*



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